



SACRED HEART PARISH

Sunday 24th August 2025
21st Sunday in Ordinary Time



Priest: Kieran C.P.

Deacon: Joe Baxter



Parish Office: 1B Glenview Street, Belfast, BT14 7DP

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Phone: 028 9075 1543

Hours open: 9am-2pm, Mon -Fri.

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://www.sacredheartparishbelfast.com>

Webcam: <https://www.sacredheartparishbelfast.com/Webcam>

~Mass Times~

Saturday Vigil:	6.00pm:	Tom Morgan, 1st Anniversary Mass
Sunday Masses:	9:30am:	Kathleen & James Shields, Anniversary Mass
	11:30am:	Brendan Duffy, Anniversary Mass
Weekday Masses:	Monday 10:00am:	Nicola O'Neill, Month's Mind Mass
	Tuesday 7:00pm: Novena :	Eileen Godfrey, Anniversary Mass
	Wednesday 10:00am:	Donor's Special Intentions
	Thursday 10:00am:	Donor's Special Intentions
	Friday 10:00am	Patsy & Frank Gibson, Anniversary Mass

Confessions & Adoration: Saturday: 5:00pm - 5.45pm.

Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month at 12.30pm. From September, parents will be required to attending a baptismal course and a £50 voluntary donation will be required to book a baptism. Please contact the parish office to arrange a baptism.

~Upcoming Feast Days~

23rd August, St Rose of Lima
27th August, St Monica
28th August, St Augustine, Bishop

~Sanctuary Candles~

Therese Larkin
Kevin Burns
Donors Special Intentions
Kathleen McAuley

A Donation of £5 per candle is greatly appreciated

~Recently Deceased~

Jerry Smyth
Rita Donnelly
Michael Rice (London)
Gerard O'Neill
Kevin Wylie
Rosina Lowry
Mary Ellen Uprichard
Mona McErlean

Eternal rest grant unto them, O Lord

~Weekly Collection~

£1105.98

~Diocesan Cathedral Fund~

£241.10

Thank You For Your Generosity

~Anniversaries~


Frances O'Brien
Peggy Jameson
Jean Day

Eternal rest grant unto them, O Lord

~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

DATES FOR YOUR DIARY	
	<p><i>Immaculate Heart of Mary</i></p> <p><i>Dwelling pure and holy, cover my soul with your maternal protection, so that being ever faithful to the voice of Jesus, it responds to His love and obeys His Divine will.</i></p> <p><i>Amen</i></p>
<p>We will be celebrating a Mass of thanksgiving and farewell for our great friends, <i>The Vincentian Community</i>, on Sunday 31st August at 9.30am. We hope you will join us . Refreshments will be served in the hall afterwards. All welcome.</p>	
<p>We would like to thank the Committee of our Ladies Pensioners Group for all their hard work and dedication over the last forty years entertaining the pensioners from our Parish. The Group has come to an end, and we wish the members all the best and a big thanks for attending every week. God Bless You All.</p>	
<p>Day of Prayer and Reflection. Bishop Alan asks everyone: please join in 24 hours of prayer in your homes on Sunday 24th August. Light a candle in your family home or attend Mass, spend time before the Blessed Sacrament; pray the Rosary; make some small personal penance or sacrifice, and on that day let the light of hope radiate out from the island of Ireland for peace, in Gaza and Ukraine and for the future of its people.</p>	
<p>St Michael's Parish one day retreat at Lough Derg on Saturday 6 September 2025. Cost £70 includes: coach, tea/coffee/ scones/lunch, a time of prayer and reflection, Mass with a time to explore the holy grounds. Bus leaves 7:30am St Michaels Parish (car parking provided) arriving 9.30am, leaving 4 pm and returning to St Michael's by 6/6:30 pm. Contact Catherine, parish secretary to book your place 02895904304 or Email: stmichaels@downandconnor.org (Booking secured on full payment on a first come served basis)</p>	
<p>Ministers Of The Word — Readers packs for the next few months are available from the Parish Office for collection.</p>	
<p>“Recharge” is a young adult group based in St Colmcille’s Church in East Belfast for 18 to 35 year olds. We meet twice a month to “recharge” our spiritual batteries through prayer, intellectual formation and friendship. All are welcome! Dates for your diary for September: Tuesday 2nd September @7.30pm: Holy Hour with Adoration followed by drinks in the Hearth Bar. Tuesday 16th September @7.30pm: Group Study - Growing in Prayer.</p>	
<p>Aid to the Church in Need, Ireland invites people to join their first national pilgrimage to Knock Shrine on Saturday August 30 to highlight the plight of Christians who suffer persecution for their faith in many parts of the world. Mass is in the basilica at 3pm – all welcome. For more info, see www.acnireland.org</p>	
<p>Jubilee Year Opportunities at Lough Derg this August & September. One Day Retreats/Guided Days of Prayer and Reflection, places available August 25th, 30th & September 3rd, 6th, 7th, 9th, 13th, 20th, 21st. National Sacred Heart Crusade. A Sacred Heart Statue blessed by Pope Francis will be present for the Day Retreats on 23rd, 24th & 25th August. Canonisation of Blessed Carlo Acutis, Sun 7th September – special devotions and blessing with Carlo Acutis Relic. Admission €50. Group discounts available. Advance Booking Essential. Pilgrim Path Lake Shore Pilgrimage. In the footsteps of pilgrims through the centuries. Sunday 31st August. Guided 8km & 12km walk options available. Admission €25. Advance Booking Essential. Quiet Day Retreat. Come apart by yourself, and rest for a while, Friday 12th September. Admission €40 includes refreshments and lunch. Advance booking essential. Contact: info@loughderg.org / Tel. 0(0353) 719861518, www.loughderg.org</p>	
<p>Legion of Mary. Monday 7.30pm, Church of the Immaculate Heart of Mary, Antrim Road, Thursday, New Lodge Grotto, Rosary.</p>	
<p>Chatty Café. Open Monday to Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.</p>	
<p>AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm.(Ladies Group)</p>	
<p>Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.</p>	
<p>Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.</p>	
<p>The Spred Group meet every second Monday in the Parish Hall at 7pm.</p>	
<p>The Stitch and Crocheting Group meet Thursday evenings,7pm in the Parish centre. Come along and learn a new skill.</p>	
<p>Lifeline-24hr 7 days a week 0808 808 8000 Samaritans anytime night or day 116 123 St Vincent De Paul 028 90351561 Cancer Lifeline 028 90 351999 AA 02890351222</p>	<p>AI-Anon Family Groups 028 9068 2368 PIPS 0800 088 6042 Youth Education Health Advise 02890 757 809 Diocesan Safeguarding Officer Philip O'Hara 07534 992 124</p>
<p>Sacred Heart of Jesus, I place all my trust in Thee</p>	